



Lentil Soup (1075)

01/04/2023

Nutrition Facts

22 servings per container
Serving size 1 cup (245g)

Amount per serving
Calories 120

% Daily Value*

Total Fat 0g 0%
Saturated Fat 0g 0%
Trans Fat 0g

Cholesterol 0mg 0%

Sodium 640mg 28%

Total Carbohydrate 31g 11%

Dietary Fiber 14g 49%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 13g

Vitamin D 0mcg 0%

Calcium 93mg 8%

Iron 5mg 30%

Potassium 744mg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, LENTILS, ONIONS, CELERY, LEMON JUICE (Water, Lemon Juice Concentrate, Citric Acid, 1/40 of 1% Sodium Benzoate and 1/40 of 1% Bisulfite as a Preservative, Lemon Oil), VEGETABLE BASE (Sauteed Vegetable Puree Mix [carrots, onions, celery], Salt, Sugar, Maltodextrin, Corn Oil, 2% or Less of Yeast Extract, Water, Potato Starch, Xanthan Gum, Natural Flavors, Carrot Juice Concentrate), SALT (Salt, Yellow Prussiate of Soda), BLACK PEPPER, CUMIN

ALLERGEN: Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

Order Number: C591075